

TAILORED EYES

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LIPIFLOW INFORMED CONSENT

Dry eye disease can cause eye discomfort and blurred vision. Healthy eyes make a tear film that protects the eyes. The tear film has a water layer, a mucus layer, and an oily layer. Sometimes, the glands that make the oil for the tear film (called Meibomian glands) become blocked or produce an oil that is too thick to leave the gland. This can lead to Meibomian gland disease which is a common cause of dry eye.

LipiFlow is a medical device that treats dry eye by treating the Meibomian glands in your eyelid. First, your ophthalmologist will put numbing drops into your eyes. Next, the treatment applicator will be placed around and behind the eyelids. It rests on the eye like a contact lens and applies warm heat and massages the eyelids. The combination of heat and massage helps change the consistency of the oils from a solid state to a more liquid state, allowing them to flow from the blocked eyelid glands back into the tear film. The design of the applicator by having the heating element on the inside of the eyelid allows for better temperature penetration of the Meibomian gland and the ability to massage it while being heated.

The goal of a LipiFlow treatment is to make your eye more comfortable. Your eye may not feel better for the first few weeks after treatment. The LipiFlow treatment can take 3 months to demonstrate improvement and can last around 6-9 months. You may need to have a repeat treatment once or twice a year.

It is your choice to have a LipiFlow treatment. Here are some other options.

- Dry eye can damage the surface of the eye if it is not treated, but your eyes may not bother you enough to have treatment.
- There are other treatments for dry eye such as eyelid scrubs, over the counter warm compresses, lubricating eye drops, punctal plugs, dry eye medications, and serum tears.

As with all surgery, there are risks of having LipiFlow treatment. While it is not possible to predict all possible risks, here are some of the most common or serious ones:

- Eye injury or burn
- Eye infection
- Eye or eyelid pain
- Eyelid irritation (redness, burning, tearing, itching, discharge, foreign body sensation)
- Changes in your vision
- Sensitivity to light
- Stye (a red, sore lump near the edge of the eyelid)
- Swelling of the eyelid glands
- Scratch on the front of the eye (corneal abrasion)
- Swelling of the lining of the eye

PATIENT CONSENT AND ACCEPTANCE OF RISKS

I have had ample opportunity to read this consent form (or it has been read to me), ask questions of my surgeon, and have been offered a copy of this consent form to take home. I voluntarily give my authorization and consent to the performance of the procedure(s) described above by my physician and/or his associates, assisted by hospital or surgery center personnel and other trained persons.

In signing this informed consent for Lipiflow, I am stating that:

_____ I have been offered a copy of this consent to take home.

_____ I have filled in all the blank spaces.

_____ My ophthalmologist has answered all of my questions and this form has been fully explained to me. I fully understand the possible risks, benefits, and complications of Lipiflow.

_____ I have read this informed consent or this consent was read to me by

_____ (name).

On the basis of the above statements, I voluntarily consent and authorize Steven Kane, MD, (my ophthalmologist) to perform a Lipiflow treatment on my (mark your choice)

_____ RIGHT eye, _____ LEFT eye or _____ BOTH eyes.

Patient Signature (or person authorized to sign for patient)

Date

Witness Signature